

Fleur Nouveau

ANDOVER FABRICS



Star Flower Quilt designed by: **Janet Houts** • Quilt Size: **70" x 70"**

Skill Level: **Confident Beginner**

andover  [makower uk](http://makower.uk)

Free Pattern Download Available
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12/15/22

Star Flower Quilt



Introducing Andover Fabrics new collection: **FLEUR NOUVEAU** by Andover Fabrics

Quilt designed by Janet Houts

Quilt finishes 70" x 70"

Various Blocks: 8" x 8"

This engaging medallion-style wall quilt is a sampler not only of original and traditional blocks, but of easy piecing techniques as well. The muted floral prints combine to make a pleasing formal "garden" that is sure to captivate all that see it.

Cutting Directions

Note: Read assembly directions before cutting patches. All measurements are cut sizes and include 1/4" seam allowances. A fat 1/8 is a 9" x 20"-22" cut of fabric. A fat 1/4 is an 18" x 20"-22" cut. Borders are cut the exact lengths required plus 1/4" seam allowances. WOF designates the width of fabric from selvedge to selvedge (approximately 43" wide).

Fabric A Cut (1) square 8 1/2"

Fabric B Cut (2) top/bottom borders 6 1/2" x 70 1/2",
cut lengthwise
Cut (2) side borders 6 1/2" x 58 1/2", cut lengthwise

Fabric C Cut (20) squares 3 1/2"

Fabric D Cut (8) squares 4 1/2"

Fabric E Cut (16) rectangles 2 1/2" x 6 1/2"
Cut (16) rectangles 2 1/2" x 4 1/2"

Fabric F Cut (12) squares 5" (or 4 7/8") for HST
Read Step 3 before cutting
Cut (4) squares 4 1/2"

Fabric G Cut (16) rectangles 2 1/2" x 4 1/2"
Cut (16) squares 2 1/2"

Fabric H Cut (6) strips 1 1/2" x WOF, pieced to make the following:
2 top/bottom borders 1 1/2" x 58 1/2"
2 side borders 1 1/2" x 56 1/2"

Fabric I Cut (16) squares 3 1/2"

Fabric J Cut (32) squares 2 1/2"

Fabric K Cut (8) squares 3" (or 2 7/8") for HST
Read Step 7 before cutting

Fabric L Cut (20) rectangles 1 1/2" x 4 1/2"
Cut (20) rectangles 1 1/2" x 3 1/2"

Fabric M Cut (2) squares 5" (or 4 7/8") for HST
Read Step 3 before cutting

Fabric Requirements

		Yardage	Fabric
Fabric A	blocks	fat 1/8	703-E
Fabric B	border	2 yards	703-P
Fabric C	blocks	fat 1/4	704-O
Fabric D	blocks	fat 1/4	704-P
Fabric E	blocks	3/8 yard	704-Y
Fabric F	blocks	3/8 yard	705-G
Fabric G	blocks	fat 1/4	705-O
Fabric H	border	3/8 yard	705-P
Fabric I	blocks	fat 1/4	705-Y
Fabric J	blocks	fat 1/4	706-O
Fabric K	blocks	fat 1/8	706-P
Fabric L	blocks	fat 1/4	706-Y
Fabric M	blocks	fat 1/8	707-LO
Fabric N	blocks	1/2 yard	707-LP
Fabric O	blocks	fat 1/4	707-Y
Fabric P	blocks	3/8 yard	708-C
Fabric Q	blocks	3/8 yard	708-G
Fabric R	blocks	fat 1/8	708-N
Fabric S	blocks	1 1/2 yards	CS-10-Snow
Binding		5/8 yard	705-G
Backing		4 1/2 yards	708-N

Fabric N Cut (16) rectangles 2 1/2" x 8 1/2"
Cut (16) rectangles 2 1/2" x 6 1/2"

Fabric O Cut (16) rectangles 1 1/2" x 4 1/2"
Cut (16) rectangles 1 1/2" x 3 1/2"

Fabric P Cut (16) squares 4 1/2"

Fabric Q Cut (64) squares 2 1/2"

Fabric R Cut (16) squares 2 1/2"

Fabric S Cut (8) rectangles 4 1/2" x 8 1/2"
Cut (14) squares 5" (or 4 7/8") for HST
Cut (64) rectangles 2 1/2" x 4 1/2"
Cut (64) squares 2 1/2"
Cut (8) squares 3" (or 2 7/8") for HST

Binding Cut (8) strips 2 1/2" x WOF for binding

Backing Cut (2) lengths 40" x 80", pieced to
fit quilt top with overlap on all sides

Star Flower Quilt

Making the Quilt

- There are seven different pieced blocks in this quilt. Several quick techniques are described to make the blocks simple enough for someone with a little sewing experience.

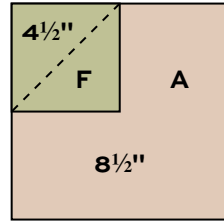


Diagram 1

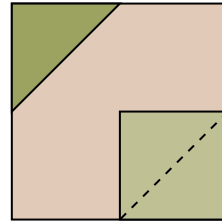


Diagram 2

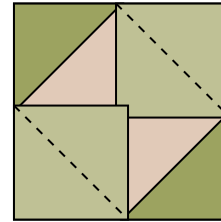
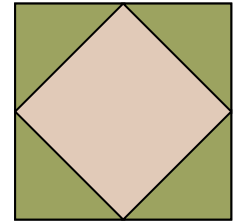


Diagram 3



Block 1 - Make 1

Block 1 is made with a stitch-and-flip method to add the corners. Draw a diagonal line on the back of each Fabric F $4\frac{1}{2}$ " square. Position a marked square as shown on one corner of a Fabric A $8\frac{1}{2}$ " square

(Diagram 1). Stitch on the marked diagonal line. Cut away the excess fabric from the corner. Press the corner up. Position a second Fabric F square on the opposite corner of Fabric A square, and stitch on the diagonal drawn line as shown in Diagram 2. Repeat these steps on all the corners (Diagram 3) to make the Block 1.

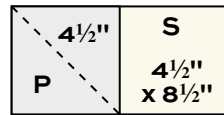


Diagram 4

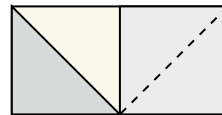
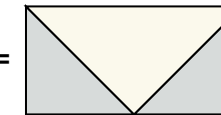
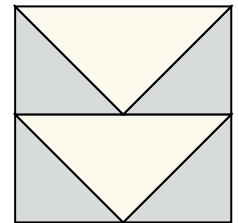


Diagram 5



Flying Geese
Make 8



Block 2 - Make 4

- Fast Flying Geese are used in Block 2. Draw a diagonal line on the $4\frac{1}{2}$ " Fabric P squares. Position a marked square as shown on one end of a Fabric S $4\frac{1}{2}$ " x $8\frac{1}{2}$ " rectangle (Diagram 4). Stitch on the marked diagonal line. Cut away the excess fabric. Press the corner up. Repeat this step on the opposite end of the rectangle (Diagram 5). Make 8 Flying Geese all alike. Join 2 Flying Geese to make a Block 2. Make a total of 4 Block 2.

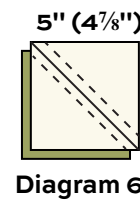
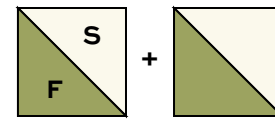
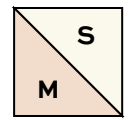


Diagram 6

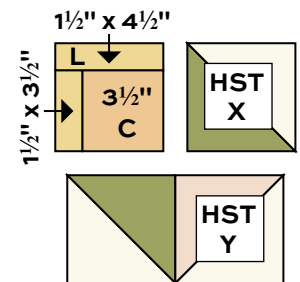


HST "X" - Make 24



HST "Y"
Make 4

- Block 3s are made with half-square triangles (HST). Fabric squares that are cut 5" will be trimmed after stitching. Cut the squares $4\frac{7}{8}$ " if you do not wish to trim later. Refer to Diagram 6. Draw a diagonal line on the wrong side of the Fabric S 5" squares. With right sides together, position a marked square on top of a Fabric F square. Stitch $\frac{1}{4}$ " on each side of the diagonal line. Cut apart on the drawn line. Press the seam allowance toward the darker fabric. Trim the HST to $4\frac{1}{2}$ " square if needed. Make 24 HST "X" like this. Likewise, make 4 HST "Y" using Fabric S and Fabric M 5" squares. Trim as needed.

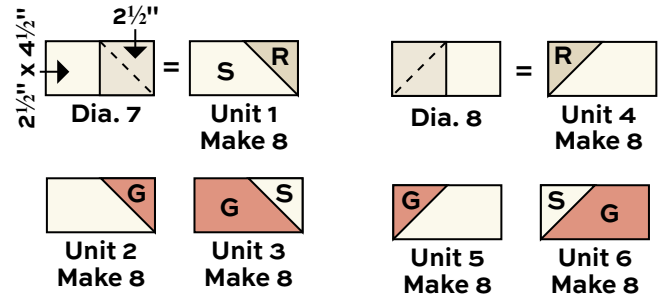


Block 3 - Make 4

- Refer to Block 3 diagram for this step. Sew Fabric L rectangles to a Fabric C square to make a pieced unit. Arrange this unit, 2 HST "X" and 1 HST "Y" from Step 3 to make a square. Be careful to turn all the parts as shown. Once you are happy with the arrangement, join the units to make a Block 3. Make 4 Block 3. The remaining HST "X" are needed for Block 5.

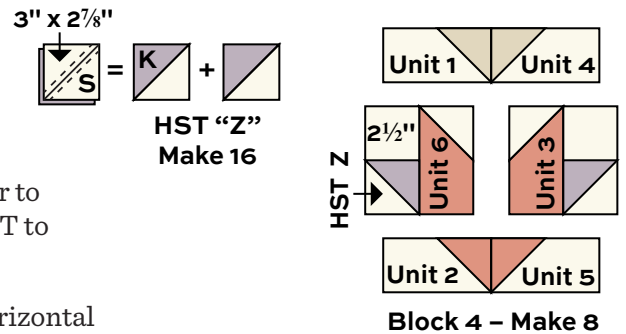
Star Flower Quilt

5. Block 4 is made with multiple pieced units. Referring to Diagram 7, draw a diagonal line on the back of each Fabric R $2\frac{1}{2}$ " square. Position a marked square on the right end of a Fabric S $2\frac{1}{2}$ " x $4\frac{1}{2}$ " rectangle, orienting the diagonal line as shown. Stitch on the marked line and trim the excess fabric from the corner. Press to make a Unit 1. Make 8 like this. Likewise, make 8 Unit 2 with Fabric G $2\frac{1}{2}$ " squares stitched to Fabric S rectangles. Make 8 Unit 3 with Fabric S $2\frac{1}{2}$ " squares and Fabric G rectangles.



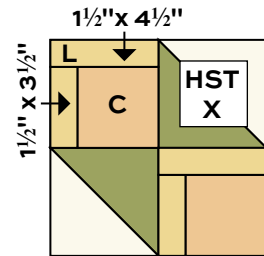
6. Refer to Diagram 8. In a similar manner, make Units 4, 5, and 6 by stitching the $2\frac{1}{2}$ " squares on the left end of the appropriate $2\frac{1}{2}$ " x $4\frac{1}{2}$ " rectangles, paying attention to the orientation of the diagonal line each time. Make the number of units with the fabrics indicated.

7. Block 4 requires HST that finish 2 ". Squares cut 3 " will be trimmed later. If you do not wish to trim, cut squares $2\frac{7}{8}$ ". Refer to Step 3 and make 16 HST "Z" with Fabrics S and K. Trim the HST to $2\frac{1}{2}$ " if needed.



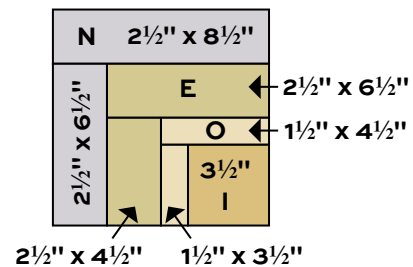
8. Arrange Units 1-6, HST "Z", and Fabric S $2\frac{1}{2}$ " squares into 3 horizontal rows as shown in Block 4 diagram. Stand back to be sure that all the parts are rotated correctly. Join the parts into rows, and then join the rows. Make 8 Block 4.

9. Block 5 is made with HST "X" (from Step 4). Sew Fabric L rectangles to the sides of Fabric C squares. Arrange and join the HST and C/L units to make a Block 5. Make 8 Block 5.



Block 5 - Make 8

10. Refer to the Block 6 diagram. Join rectangles on 2 sides of the Fabric I square in the order shown. Make 16 Block 6.



Block 6 - Make 16

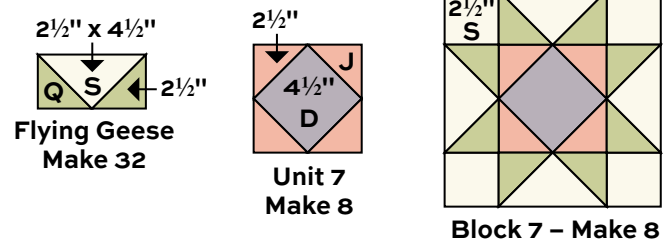
11. For Block 7, refer to Step 2 to make 32 Flying Geese with Fabric Q squares and Fabric S rectangles. Refer to Step 1 to make 8 Unit 7s with Fabrics D and J. Join 4 Flying Geese, 1 Unit 7, and 4 Fabric S $2\frac{1}{2}$ " squares to make a Block 7. Make 8 Block 7.

12. Referring to the Quilt Assembly, arrange the blocks into 7 rows of 7 blocks each. Be certain the blocks are oriented correctly to form the overall design. Once you are satisfied with the design, join the blocks into rows. Finally, join the rows.

13. Sew shorter Fabric H borders to the sides of the quilt. Sew longer borders to the top and bottom. Repeat these steps for the Fabric B borders.

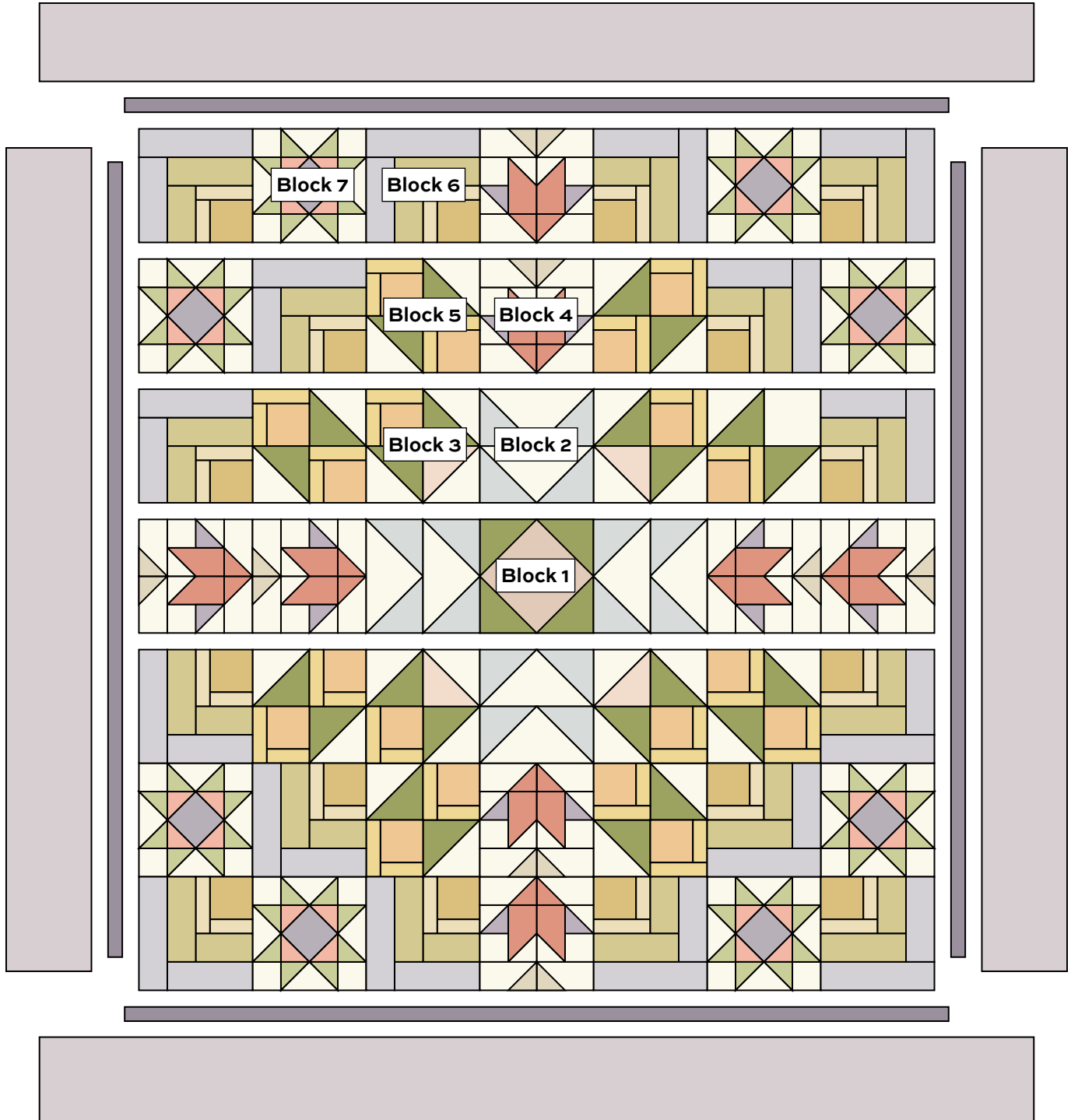
Finishing the Quilt

14. Layer the quilt with batting and backing and baste. Quilt in the ditch around borders and patches. Quilt the Fabric S patches as you wish. Or, quilt an overall motif. Bind to finish the quilt.



Block 7 - Make 8

Star Flower Quilt



Quilt Assembly

Fleur Nouveau ANDOVER FABRICS



703-E



703-P

Blend with
fabric from
Century Solids
by Andover Fabrics



CS-10-Snow



704-O



704-P



704-Y



706-O



706-P



706-Y



705-G



705-O



705-P



705-Y



707-LO



707-LP



707-Y



708-C



708-G



708-N

All fabrics are used in quilt pattern. Fabrics shown are 100% of actual size.

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