

Heather and Sage

Finished size 75" x 75" (1.9m x 1.9m)
by Lynne Goldsworthy of @lilysquilts
visit makoweruk.com for more details



makoweruk.com

Unit 14, Cordwallis Business Park, Clivemont Road, Maidenhead, Berkshire SL6 7BU
+44(0)1628 509640 sales@makoweruk.com www.makoweruk.com

Heather and Sage

Finished size 75" x 75" (1.9m x 1.9m)

Fabric Requirements

SKU	Requirement	Cut
1473 B6	F8th	Five 3 ½" x 6 ½" rectangles
1473 L5	F8th	Six 3 ½" x 6 ½" rectangles
1473 L8	1.5m / 1 ¾ yds	Sixteen 3 ½" WOF strips cut into one hundred and eighty-four 3 ½" squares
1473 S2	2m / 2 ¼ yds	Three 5 ½" WOF strips cut into twelve 5 ½" x 10 ¼" rectangles Three 4 ½" WOF strips cut into forty-eight 2 ½" x 4 ½" rectangles Seventeen 2 ½" WOF strips cut into twenty 2 ½" x 10 ½" strips. Sew the remainder end to end and cut into six 58 ½" and two 62 ½" lengths
1473 S8	30cm / 12"	Thirteen ¾" WOF strips cut into twenty-six 10" and twenty-six 10 ½" strips
2528 B	60cm / 24"	Two 10" WOF strips cut into five 10" squares. Cut eight 3 ½" x 6 ½" rectangles from the remainder
2528 B (backing)	4.25m / 4 ¾ yds	Cut into two equal lengths
2528 L	24" / 60cm	One 10" WOF strip cut into one 10" square Cut the remainder into eight 1" WOF strips, sew end to end and cut into two 62 ½" and two 63 ½" lengths One 3 ½" WOF strip cut into six 6 ½" lengths One 6 ½" WOF strip cut into two 3 ½" and four 6 ½" lengths
2528 L	24" / 60cm	Eight 2 ½" WOF strips (binding)
2529 B	30cm / 12"	One 10 ¼" WOF strip cut into two 5 ½" x 10 ¼" rectangles Cut the remainder into one 3 ½" and one 6 ½" WOF strip. From those cut eight 3 ½" x 6 ½" rectangles
2530 B	F8th	Two 5 ½" x 10 ¼" rectangles
2530 Q	FQ	Eight 3 ½" x 6 ½" rectangles
2531 B	30cm / 12"	One 10 ¼" WOF strip cut into two 5 ½" x 10 ¼" rectangles Cut the remainder into one 3 ½" and one 6 ½" WOF strip. From those cut eight 3 ½" x 6 ½" rectangles
2531 L	30cm / 12"	One 10 ¼" WOF strip cut into two 5 ½" x 10 ¼" rectangles Cut the remainder into one 3 ½" and one 6 ½" WOF strip. From those cut eight 3 ½" x 6 ½" rectangles
2532 B	FQ	Seven 3 ½" x 6 ½" rectangles
2532 S	30cm / 12"	One 10 ¼" WOF strip cut into two 5 ½" x 10 ¼" rectangles Cut the remainder into one 3 ½" and one 6 ½" WOF strip. From those cut seven 3 ½" x 6 ½" rectangles
2533 Q	F8th	Six 3 ½" x 6 ½" rectangles
2533 S	F8th	Five 3 ½" x 6 ½" rectangles
2534 G	F8th	Two 5 ½" x 10 ¼" rectangles
2534 Y	F8th	Two 2 ½" WOFQ strips cut into twelve 2 ½" squares
2535 1	Panel	One panel cut into eight 10" squares
Wadding 279 Cotton Mix 80:20 from http://www.vlieseline.com/en/ - 2.1m sq / 83" sq		
Thread		Aurifil 50wt for piecing and 40wt for quilting from http://www.aurifil.com
Templates		Twelve HST templates

Notes:

- Make sure to visit <http://www.makoweruk.com/projects/> to ensure you are working from the most up-to-date version of the pattern
- Makower UK provides the written instructions only to accompany the named collection. Retailers are free to use these free instructions to provide a fabric kit. Accurate cutting of fabric is down to the individual retailer and any fabric supply enquires should be directed to point of purchase
- Read the pattern in full before starting
- ¼" seams are used throughout except where stated otherwise
- Press after each seam, pressing seams open or to one side as preferred
- WOF - width of fabric - a strip of fabric cut from selvedge to selvedge
- WOFQ - width of fat quarter - a strip of fabric cut from selvedge to centre cut from a FQ
- BKG – background
- HSTs – half square triangles
- FG – flying geese units

Making the quilt

1. Cut the fabrics as shown in the fabric requirements table.
2. Make the twelve sets of four half square triangles (HSTs) as follows:
 - Place one print and one background (BKG) (1473 S2) fabric 5 ½" x 10 ¼" rectangle right sides together and pin to the back (non printed side) of one of the HST templates with the lighter fabric next to the paper.
 - The fabric will overlap the printed lines by about ¼" all round.
 - Sew along all of the red lines using a shorter stitch than normal (maybe 1.5).
 - Cut into four pieces along all of the blue lines including those around the edges of each of the templates.
 - Press each HST open.
 - Remove the paper from the back of each HST, tearing along the sewn lines.
 - Your HSTs will measure 4 ½" square at this stage – and will measure 4" square once pieced into the quilt top.
 - No trimming is needed when using this method of making HSTs.
3. Sew each of the sets of four HSTs into a nine-patch using the yellow sheep 2 ½" squares and the BKG 2 ½" x 4 ½" strips to make twelve Shoo-Fly blocks.
4. Cut each of the panel squares into 10" squares.
5. Sash the sides of each of the 2528 L and B 10" squares and the 10" panel squares with ¾" x 10" 2473 S8 strips then the top and bottom with ¾" x 10 ½" 2473 S8 strips.
6. Sew the sashed 10" squares and the Shoo-Fly blocks into five rows of five with BKG 2 ½" x 10 ½" strips in between the blocks. Follow the main quilt image for layout of the blocks.
7. Sew the five rows together with BKG 2 ½" x 58 ½" strips in between each row.
8. Sash the sides of the quilt top with the two remaining BKG 2 ½" x 58 ½" strips then the top and bottom with the BKG 2 ½" x 62 ½" strips.
9. Sash the sides of the quilt top with the 1" x 62 ½" and then the top and bottom with the 1" x 63 ½" 2528 L strips.
10. You will make eighty-four Flying Geese (FG) units and four economy squares using the print 3 ½" x 6 ½" rectangles, the print 6 ½" squares and the 1473 L8 3 ½" squares.

11. To make each of the flying geese units, draw a diagonal line on the back of two 3 ½" squares. Place one of those right sides together with one edge of one of the print 3 ½" x 6 ½" rectangles and sew along the drawn lines (fig 1). Trim away excess fabric ¼" away from the sewn line (fig 2). Press the triangle over (fig 3). Repeat for the second corner (fig 4).

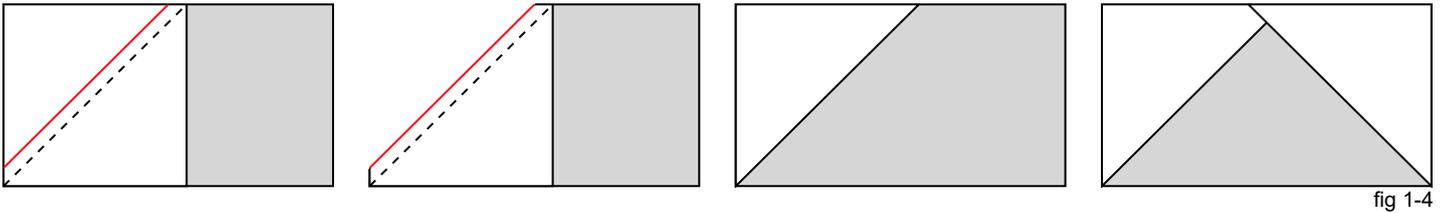


fig 1-4

12. To make each of the economy squares, draw a diagonal line on the back of four 3 ½" squares. Place two of those right sides together with two opposite corners of one of the 6 ½" squares and sew along the drawn lines (fig 5). Trim away excess fabric ¼" away from the sewn lines (fig 6). Press the triangles over (fig 7). Repeat for the other two corners (fig 8).

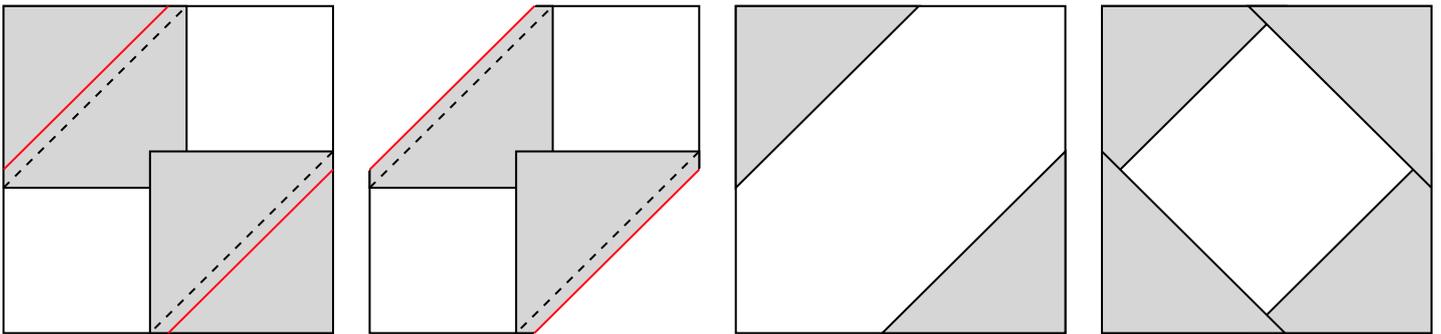


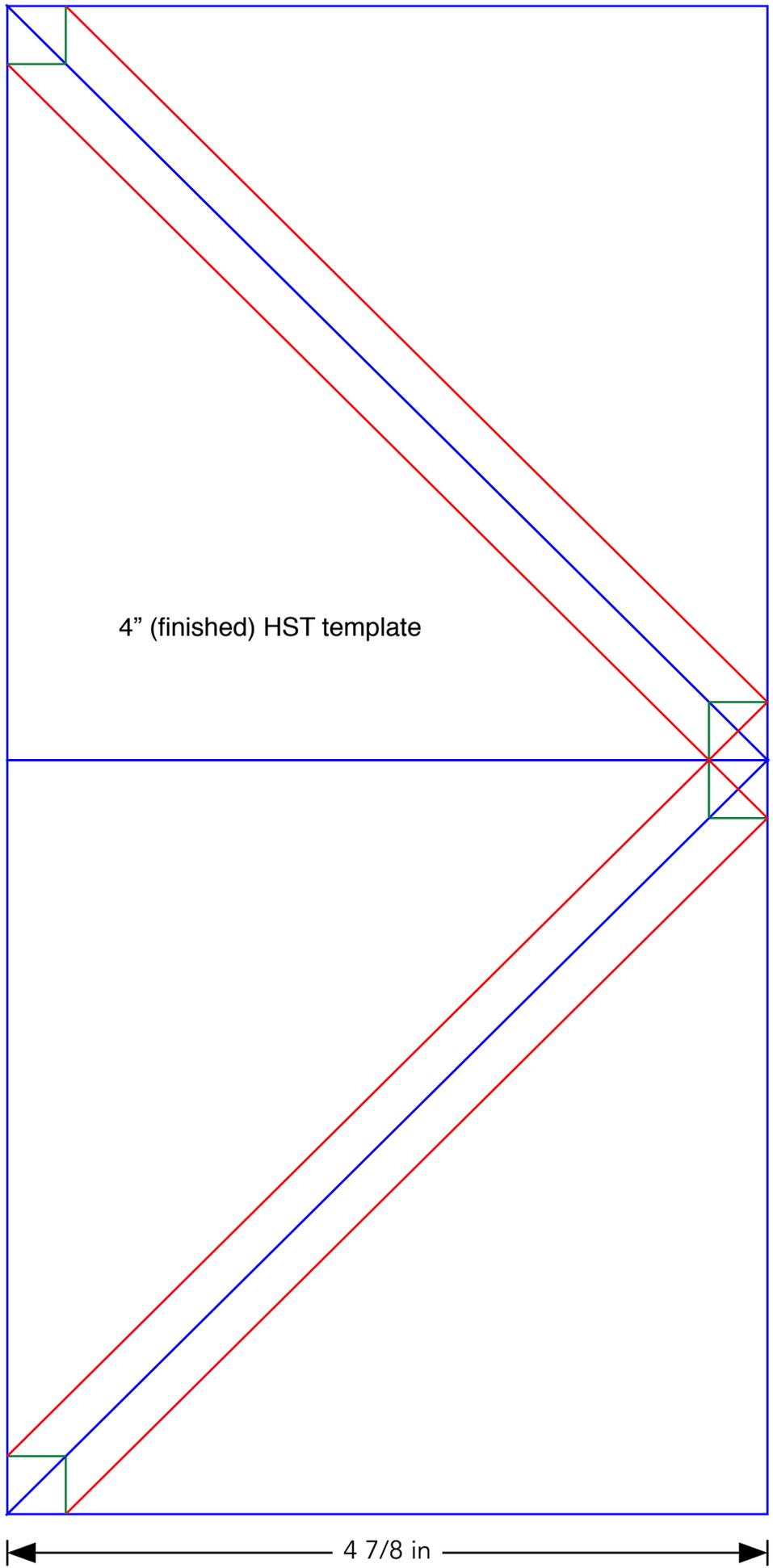
fig 5-8

13. Sew the FG into four strips of twenty-one FG. Sew economy squares to each end of two of those strips.
 14. Sash the sides of the quilt top with the shorter then the top and bottom with the longer FG strips.

Finishing the quilt

1. Sew the binding strips end to end using diagonal or straight seams as preferred and press wrong sides together along the length to make a double fold binding.
2. Make a quilt sandwich, basting together the back, the wadding and the top.
3. Quilt as desired then trim square, removing excess wadding and backing.
4. Bind, taking care to mitre the corners.

Templates must be printed at 100% or "no scaling". To ensure the templates are the correct size, measure the guide line to make sure it has printed at the correct length.



4" (finished) HST template

4 7/8 in



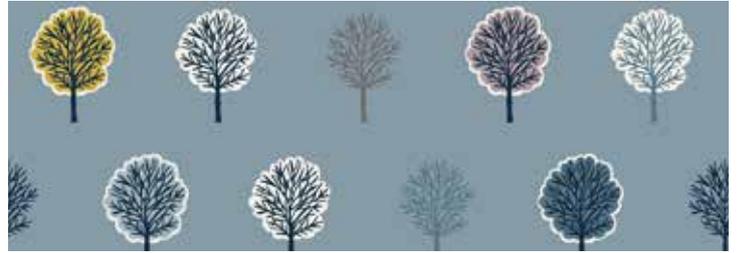
2528/L Scenic



2528/B Scenic



2529/S Trees



2529/B Trees



2530/Q Floral



2530/B Floral



2531/B Swallows



2533/Q Sprig Scatter



2533/S Sprig Scatter



2531/L Swallows



2532/S Oak Leaves



2532/B Oak Leaves



1473/S2



1473/Y22



1473/S8



1473/S9



2534/Y Sheep



2534/G Sheep



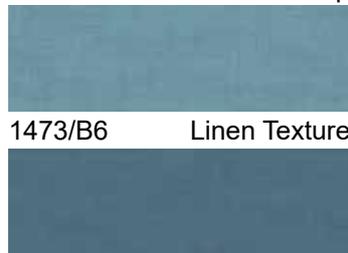
1473/B6



1473/L5



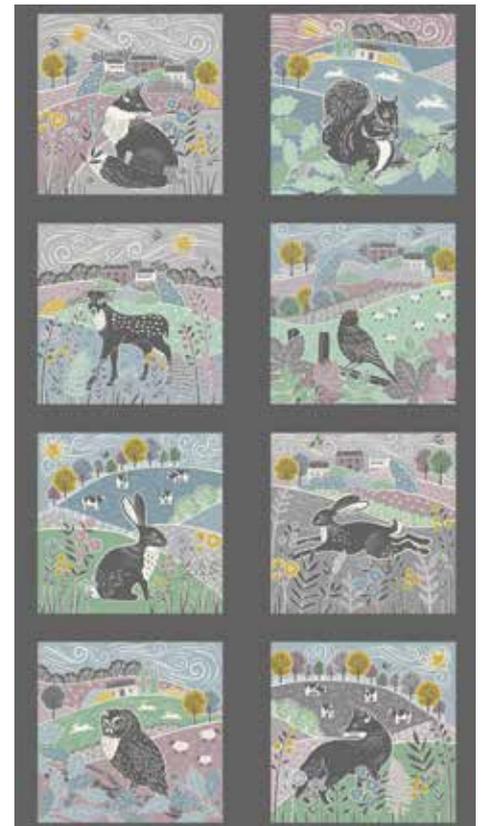
2534/S Sheep



1473/B7 Linen Texture



1473/L8



2535/1 Panel

Each panel 24" x 44" (60 x 112cms)